

## PURPOSE AND ORGANIZATION

### PURPOSE

CORE COLLECTIONS is designed to serve a number of purposes:

**As an aid in purchasing.** Core Collections is designed to assist in the selection and ordering of titles. Summaries and evaluative excerpts are provided for each title along with information regarding the publisher, ISBN, page count, and publication year. In evaluating the suitability of a work, each library will want to consider the needs of the unique patron base it serves.

**As an aid in verification of information.** For this purpose, bibliographical information is provided in the list of works. Entries also include recommended subject headings based on NoveList's proprietary subject vocabulary. Notes may describe editions available and other content; for the most up-to-date metadata, please consult the EBSCO*host* database.

**As an aid in curriculum or programming support.** The classified approach, subject indexing, annotations, and evaluative excerpts are helpful in identifying materials appropriate for classroom support, for book discussions, and other programming.

**As an aid in collection maintenance.** Information about titles available on a subject facilitates decisions to re-bind, replace, or discard items. If a book has been demoted to the Supplemental or Weeded recommendation levels and therefore no longer appears in the print abridgement of the database, that demotion is not intended as a sign that the book is no longer valuable or that it should necessarily be weeded from your library's collection.

**As an aid in professional development or instruction.** The Core Collection is useful in courses or professional training that deal with collection development and readers' advisory; it may also be used in course that deal with literature and book selection, especially in the creation of bibliographies and reading lists.

**As an aid to readers' advisory.** Every title in this Core Collection is a recommended work and can be given with confidence to a user who expresses a need based on topic, genre, etc. Readers' advisory and user service are further aided by series and awards information, by the descriptive summaries and evaluative excerpts from trusted review sources, and by the subject headings in the Title and Subject Index applied by professional metadata librarians at NoveList.

### ORGANIZATION

This Core Collection consists of two parts: a Classified Collection, and a Title, Author, Series, and Subject Index.

#### Part 1. Classified Collection

The Classified Collection is arranged with nonfiction books first, classified according to the Dewey Decimal Classification in numerical order from 000 to 999. The exception is individual biographies, which are classed at 92 and close out the collection. These will have a subject heading B and are organized by author. Locate biographies by subject by using the Author, Title, Series, and Subject Index.

**CLASSIFIED LIST OF WORKS**  
**129 Origin and destiny of individual souls**

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**129 Origin and destiny of individual souls**

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**Roach, Mary**

★ *Spook: Science Tackles the Afterlife*. Mary Roach. W.W. Norton 2005. 311 p. : Illustration  
ISBN 9780393059625

Grades: 11 12 Adult **129**  
1. Life after death 2. Soul 3. Religion and science 4. Near-death experience  
5. Astral projection 6. Paranormal phenomena — Research 7. Science Writing — General 8. Adult books for young adults

LC 2005014450

New York Times Notable Book, 2005  
Draws on the achievements of scientists, engineers, and mediums to consider the feasibility of life after death, from a reincarnation researcher's experimentation with out-of-body experiences to laboratory investigations into ghosts.

"Roach perfectly balances her skepticism and her boundless curiosity with a sincere desire to know. . . . She is an original who can enliven any subject with wit, keen reporting and a sly intelligence." —*Publishers Weekly*

Includes bibliographical references (p. [299]-311).

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**130 Parapsychology and occultism**

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**Bader, Christopher**

*Paranormal America: Ghost Encounters, UFO Sightings, Bigfoot Hunts, and Other Curiosities in Religion and Culture*. Christopher D. Bader, F. Carson Mencken, and Joseph O. Baker. New York University Press 2010. VIII, 264 p. : Illustration  
ISBN 9780814791349

Grades: Adult **130**  
1. Parapsychology 2. Curiosities and wonders 3. United States 4. Spirituality and Religion — Body, mind, and spirit

LC 2010016525

Examines the world of paranormal beliefs in order to understand the people who utilize these beliefs to shape their life.

Includes bibliographical references (p. 215-253) and index.

**Dell, Christopher**

*The Occult, Witchcraft & Magic: An Illustrated History*. Christopher Dell. Thames & Hudson 2016. 399 pages : Illustration; Color  
ISBN 9780500518885

Grades: Adult **130**  
1. Occultism 2. Witchcraft 3. Magic 4. History writing — Medieval — Europe  
LC B12016045815

Shares a history of magic, the occult, witchcraft, and ritual, from their earliest appearances to modern times.

"A stunning treasury for anyone interested in the history of magic." —*Booklist*

Includes bibliographical references (pages 390-391) and index.

**Dickey, Colin**

*The Unidentified: Mythical Monsters, Alien Encounters, and Our Obsession with the Unexplained*. Colin Dickey. Viking 2020. 307 p.  
ISBN 9780525557562

Grades: Adult **130**  
1. Occultism 2. Paranormal phenomena 3. Curiosities and wonders 4. Belief and doubt 5. Cryptozoology 6. Imaginary creatures 7. Conspiracy theories 8. Science Writing — Weird science 9. Society and culture — Pop culture  
LC 2019043380

In a world where rational, scientific explanations are more available than ever, belief in the unprovable and irrational—in fringe—is on the rise. It seems the more our maps of the known world get filled in, the more we crave mysterious locations full of strange creatures. Colin Dickey, co-editor of the *Morbid Anatomy* Anthology and author of *Ghostland*, examines the world's most persistent unexplained phenomena, from Atlantis and alien encounters to Flat Earth and the Loch Ness monster, to explore their origins and historical endurance.

"Readers will find this to be a thought-provoking and deliciously unsettling guide into the stranger corners of American culture." —*Publishers Weekly*  
Includes bibliographical references.

**Smith, Richard MacLean**

*Unexplained: Real-life Supernatural Stories for Uncertain Times*. Richard MacLean Smith. Sourcebooks 2019. xvii, 349 p.  
ISBN 9781492697718

Grades: Adult **130**

1. Paranormal phenomena 2. Supernatural 3. Curiosities and wonders 4. Perception 5. Media tie-ins 6. Science Writing — Weird science 7. History Writing — Historical Mysteries 8. True Crime — Cold Cases and Unsolved Mysteries 9. Adult books for young adults

LC 2019023946

In every corner of this earth there are secrets. They are hidden in the dark edge of the woods, nestled in the cold stars, and staring out from a stranger's eyes. And whether they be demonic possession or an unsolved murder, the unknown has always haunted our dreams. From the hit podcast *Unexplained* comes a volume perfectly crafted for the curious, the cynical, and the not-easily-frightened. Richard Maclean Smith is the expert in the unknown, and humbly offers up ten tales of real-life events that continue to evade explanation.

Based on a podcast; Includes bibliographical references.

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**131 Parapsychological and occult methods for achieving well-being, happiness, success**

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**Dale, Cyndi**

*Llewellyn's Complete Book of Chakras: Your Definitive Source of Energy Center Knowledge for Health, Happiness, and Spiritual Evolution*. Cyndi Dale. Llewellyn Publications 2016. xviii, 1006 pages : Illustration  
ISBN 9780738739625

Grades: Adult **131**

1. Chakras 2. Spirituality and Religion — Body, mind, and spirit  
LC 2015026134

A comprehensive guide to chakras and energy healing explores the science, history, practices, and structures of energy systems.

One of the world's foremost experts on chakras and energy healing explores the science, history, practices and structures of subtle energy systems, with chakras as the center point, distilling and synthesizing 12,000 years of cross-cultural knowledge, in an entertaining and highly readable encyclopedia.

Includes bibliographical references and index.

**Dolnick, Barrie**

*Luck: Understanding Luck and Improving the Odds*. Barrie Dolnick and Anthony H. Davidson. Harmony Books 2007. xiv, 236 p.  
ISBN 9780307347503

Grades: Adult **131**

1. Fortune 2. Superstition 3. Self-Help — Personal growth  
LC 2007013235

Looking at the role of luck throughout history, culture, and religion, the authors explain how luck can become opportunity, potential, and a guiding force that can lead to many of life's rewards and offers practical steps designed to improve one's path to fortune.

Includes bibliographical references (p. 231-236).

**Mildon, Emma**

*The Soul Searcher's Handbook: A Modern Girl's Guide to the New-age World*. Emma Mildon. Beyond Words : 2015. 238 pages : Illustration  
ISBN 9781582705248

Grades: Adult **131**

1. Occultism 2. Spiritual life 3. Women 4. Spirituality and Religion — Body, mind, and spirit 5. Self-Help — Personal growth — Spirituality  
LC 2015018843

Filled with tips, tricks and how-tos for incorporating everything from dreamology to alternative healing into everyday life, a lively, tongue-in-cheek guide to everything body-mind-spirit defines New Age practices for a new generation.

Offers information on New Age and alternative spiritual practices, including aromatherapy, Feng Shui, and astrology.

"One of the best New Age texts without being preachy." —*Library Journal*

Includes bibliographical references.

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**133 Specific topics in parapsychology and occultism**

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**Goodman, Linda**

*Linda Goodman's Star Signs: The Secret Codes of the Universe: Forgotten Rainbows and Forgotten Melodies of Ancient Wisdom*. Griffin 1998. xli, 477 p. : Illustration  
ISBN 97808312192037

Grades: Adult **133**

1. Astrology 2. Self-help psychology 3. Self-Help — Personal growth  
LC 87-28375

CLASSIFIED LIST OF WORKS  
215 Science and religion

1. God 2. Religion — Origin 3. Monotheism — History 4. Philosophy and religion 5. Western religions 6. Spirituality and Religion — General 7. History writing — General

LC 2017034711

The best-selling author of *Zealot* and host of *Believer* explores how different ideas about religion have united, divided, and propelled humanity forward for millennia.

“Written in language accessible to the layperson but based on wide reading in the relevant literature, Aslan’s work will appeal to anyone interested in the history of religion.” —*Library Journal*

Includes bibliographical references and index.

**Dawkins, Richard**

*The God Delusion.* Richard Dawkins. Houghton Mifflin 2006. x, 406 p.  
ISBN 9780618680009

Grades: 11 12 Adult

211

1. God 2. Atheism 3. Religion — Social aspects 4. Irreligion 5. War — Religious aspects 6. Spirituality and Religion — General

LC 2006015506

Argues that belief in God is irrational, and describes examples of religion’s negative influences on society throughout the centuries, such as war, bigotry, child abuse, and violence.

“Both fans of Dawkins and his many opponents will want to read this book.” —*Library Journal*

Also published in large print format; Includes bibliographical references (p. [380]-399) and index.

**Hazleton, Lesley**

*Agnostic: A Spirited Manifesto.* Lesley Hazleton. Riverhead Books 2016. 240 p.  
ISBN 9781594634130

Grades: Adult

211

1. Agnostics 2. Belief and doubt 3. Agnosticism 4. Spirituality and religion — General

LC 2016006449

One in four Americans reject any affiliation with organized religion, and nearly half of those under thirty describe themselves as “spiritual but not religious.” But as the airwaves resound with the haranguing of preachers and pundits, who speaks for the millions who find no joy in whittling the wonder of existence to a simple yes/no choice?

“This engaging and highly accessible read will satisfy those who puzzle over the idea of infinity, question theological truth or what death means for the mind and body, and who wish to delve deeper into our belief system.” —*Library Journal*

**Hitchens, Christopher**

*The Four Horsemen: The Conversation That Sparked an Atheist Revolution.* Christopher Hitchens, Richard Dawkins, Sam Harris, Daniel Dennett; introduction by Stephen Fry. Random House Inc 2019. 128 p.  
ISBN 9780525511953

Grades: Adult

211

1. Atheism 2. Belief and doubt 3. Existentialism 4. Faith 5. Humans 6. Intellectual life 7. Religion 8. Thought and thinking 9. Spirituality 10. Ethics 11. Philosophy 12. Purpose in life 13. Essays 14. Spirituality and Religion — General 15. Society and culture — Philosophy

LC 2019004626

A transcript of the 2007 viral documentary features intellectual responses to the fundamental questions of faith, human existence, and the new atheism, in a volume that is complemented by new, contextualized essays by the group’s three surviving members.

“Spanning religion and philosophy, this work will appeal to readers of both, especially those interested in atheism and apologetics.” —*Library Journal*

**Zuckerman, Phil**

*Living the Secular Life: New Answers to Old Questions.* Phil Zuckerman. Penguin Press 2014. 240 p.  
ISBN 9781594205088

Grades: Adult

211

1. Secularism 2. Irreligion 3. Ethics 4. Atheism 5. Humanism 6. Agnosticism 7. Free thought 8. Atheist families 9. Atheist parenting 10. Personal conduct 11. Secular humanism 12. United States 13. Spirituality and Religion — General 14. Society and culture — Philosophy

LC 2014009785

A sociology professor examines the demographic shift that has led more Americans than ever before to embrace a nonreligious life and highlights the inspirational stories and beliefs that empower modern-day secular culture.

“Highly recommended for all readers, both religious and nonreligious, seeking a more accurate understanding of this ever-growing segment of the American population.” —*Library Journal*

Includes bibliographical references and index.

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215 Science and religion

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**Collins, Francis S.**

*The Language of God: A Scientist Presents Evidence for Belief.* Francis S. Collins. Free Press 2006. VIII, 294 p. : Illustration  
ISBN 9780743286398

Grades: 11 12 Adult

215

1. Religion and science 2. Christian apologetics 3. Religion 4. Spirituality and Religion — General

LC 2006045316

A head of the Human Genome Project and former atheist presents a scientific argument for the existence of God, revealing how science can support faith by citing the areas of nature that can and cannot be fully explained by Darwinian evolution.

“The author entertains propositions both for and against the existence of God and biblical authority, as well as the moral implications of bioethics. He personalizes the narrative by recounting his own journey from atheism to faith, portraying it as much an intellectual quest as a spiritual one. . . . An essential read, equally for readers of religious or secular persuasions.” —*Library Journal*

Includes bibliographical references (p. 273-280) and index.

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215.3 Physics

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**Barr, Stephen M.**

*Modern Physics and Ancient Faith.* Stephen M. Barr. University of Notre Dame Press 2003. IX, 312 p. : Illustration  
ISBN 9780268034719

Grades: Adult

215.3

1. Physics — Religious aspects 2. Christianity and science 3. Faith (Christianity) 4. Christianity — History 5. Religion and science 6. Spirituality and Religion — General 7. Science Writing — Physics

LC 2002151565

“Often invoked as justification for unbelief, modern science here provides the basis for an unusual and provocative affirmation of religious faith. A physicist at the University of Delaware, Barr deploys his scientific expertise to challenge the dogmas of materialism and to assert his belief that nothing explains the order of the galaxies better than divine design.” —*Booklist*

Includes bibliographical references and index.

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220.09 Bible — History, geographic treatment, biography

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**Barton, John**

*A History of the Bible: The Story of the World’s Most Influential Book.* John Barton. Viking 2019. xix, 613 pages : Illustration; Map  
ISBN 9780525428770

Grades: Adult

220.09

1. Judaism — History 2. Christianity — History 3. Jewish people — History 4. Spirituality and Religion — Christianity — History 5. Spirituality and Religion — Judaism

LC 2019022727

An Oxford scholar and Anglican priest discusses the bible in its historical context, from its beginnings as myth and folklore through the additions of narratives, laws, proverbs, prophecies, poems and letters to its interpretations through the centuries.

Includes bibliographical references (pages 547-565) and index.

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220.5 Modern versions and translations

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**Ruden, Sarah**

*The Face of Water: A Translator on Beauty and Meaning in the Bible.* Sarah Ruden. Pantheon Books 2017. xxxviii, 232 pages  
ISBN 9780307908568

Grades: Adult

220.5

1. Spirituality and Religion — Religious texts 2. Arts and Entertainment — Writing and Publishing — Literary criticism

LC 2016014872

**PUBLIC LIBRARY CORE COLLECTION: NONFICTION**  
**Nineteenth Edition**

ISBN 9780190601348

Grades: Adult

**305.896**

1. Black Lives Matter movement 2. Protest movements 3. African Americans — Social conditions 4. African Americans — Politics and government 5. Equality 6. Racism 7. United States 8. 21st century 9. Society and culture — Race 10. Politics and global affairs — Civil and human rights 11. Antiracist literature

LC 2016042413

Started in the wake of George Zimmerman's 2013 acquittal in the death of Trayvon Martin, the #BlackLivesMatter movement has become a powerful and uncompromising campaign demanding redress for the brutal and unjustified treatment of Black bodies by law enforcement in the United States. The movement is only a few years old, but as Christopher J. Lebron argues in this book, the sentiment behind it is not; the plea and demand that "Black Lives Matter" comes out of a much older and richer tradition arguing for the equal dignity—and not just equal rights—of Black people.

"Throughout five brief essays, an introduction, and an afterword, Black scholars consider the persistent failure of the U.S. justice system to redress or remedy the white terrorism responsible for harming Black lives." —*Library Journal*  
Includes bibliographical references and index.

**Lemon, Don**

★ *This is the Fire: What I Say to My Friends About Racism.* Don Lemon. Little, Brown & Company 2021. 160 p.  
ISBN 9780316257572

Grades: Adult

**305.896**

1. Lemon, Don 2. Race (Social sciences) 3. African Americans 4. Television newscasters and commentators 5. Race awareness 6. Social justice 7. Racism 8. United States 9. Society and culture — Race 10. Life stories — Identity — Race and ethnicity 11. History writing — African American — United States 12. Antiracist literature

As America's only Black prime-time anchor, Don Lemon and his daily monologues on racism and antiracism, on the failures of the Trump administration and of so many of our leaders, and on America's systemic flaws speak for his millions of fans. Now, in an urgent, deeply personal, riveting plea, he shows us all how deep our problems lie, and what we can do to begin to fix them. As he writes to his young nephew: We must resist racism every single day. We must resist it with love.

"A thoughtful analysis which deserves a place on readers' anti-racist reading lists. Recommended for those interested in trying to enact systemic change." —*Library Journal*

Includes bibliographical references and index.

**Mallory, Tamika D.**

★ *State of Emergency: How We Win in the Country We Built.* Tamika D. Mallory. Black Privilege Publishing 2021. 224 p.  
ISBN 9781982173463

Grades: Adult

**305.896**

1. Institutional racism 2. Social justice 3. Racism 4. Social change 5. African Americans — Social conditions 6. Civil rights workers 7. Race relations 8. United States 9. Society and culture — Social activism and philanthropy 10. Society and culture — Race 11. Life stories — Politics — Activists and reformers 12. Politics and global affairs — Civil and human rights 13. Antiracist literature

A globally recognized civil rights activist presents an unwavering history of American systemic racism, a first-hand view of what makes for effective activism today and a vision for lasting, positive change.

"Shifting between outrage, hope, and resolute determination, this call to action will resonate with readers already fighting for racial justice, as well as those looking to join the movement." —*Publishers Weekly*

**Rankine, Claudia**

★ *Just Us: an American Conversation.* Claudia Rankine. Graywolf Press 2020. 342 pages : Illustration; Color  
ISBN 9781644450215

Grades: Adult

**305.896**

1. Racism 2. Identity (Psychology) 3. Justice 4. African Americans 5. Violence 6. Race relations 7. White privilege 8. United States 9. Essays 10. Poetry 11. Society and culture — Race

LC 2019956891

ALA Notable Book, 2021

New York Times Notable Book, 2020

Andrew Carnegie Medal for Excellence in Non-Fiction Finalist, 2021

As everyday white supremacy becomes increasingly vocalized with no clear answers at hand, how best might we approach one another? Claudia Rankine, without telling us what to do, urges us to begin the discussions that might open pathways through this divisive and stuck moment in American history. *Just Us* is an invitation to discover what it takes to stay in the room together, even and especially in breaching the silence, guilt, and violence that follow direct addresses of whiteness. Rankine's ques-

tions disrupt the false comfort of our culture's liminal and private spaces—the airport, the theater, the dinner party, the voting booth—where neutrality and politeness live on the surface of differing commitments, beliefs, and prejudices as our public and private lives intersect.

"Rankine presents another arresting blend of essays and images, perfectly attuned to this long-overdue moment of racial reckoning. In language all the more devastating for its simplicity, Rankine analyzes the overwhelming power of whiteness in everyday interactions." —*Booklist*

"A must-read to add to the conversation on racism, antiracism, and white fragility." —*Library Journal*

**Robinson, Eugene**

★ *Disintegration: The Splintering of Black America.* Eugene Robinson. Doubleday 2010. 208 p.

ISBN 978038526548

Grades: Adult

**305.896**

1. African Americans — Social conditions 2. Identity (Psychology) 3. Group identity 4. Social mobility 5. Race relations 6. Social classes 7. United States 8. 21st century 9. Society and culture — Race 10. Society and culture — Wealth and class

LC 2010020405

Eugene Robinson shines light on crucial debates about affirmative action, the importance of race versus social class, and the ultimate questions of whether and in what form racism and the Black community endure.

Includes bibliographical references.

**Ruffin, Amber**

★ *You'll Never Believe What Happened to Lacey: Crazy Stories About Racism.* Amber Ruffin and Lacey Lamar. Grand Central Publishing 2021. 240 p.

ISBN 9781538719367

Grades: Adult

**305.896**

1. Lamar, Lacey 2. Ruffin, Amber 3. Sisters 4. African American women 5. Women comedians 6. Racism 7. Everyday life 8. Social interaction 9. Humorous writing 10. Omaha, Nebraska 11. New York City 12. United States 13. Society and culture — Race 14. Humor writing — Social humor 15. Life stories — Identity — Race and ethnicity 16. Antiracist literature

Now a writer and performer on *Late Night with Seth Meyers* and host of the *Amber Ruffin Show*, Amber Ruffin lives in New York, where she is no one's First Black Friend and everyone is, as she puts it, "stark raving normal." But Amber's sister Lacey? She's still living in their home state of Nebraska, and trust us, you'll never believe what happened to Lacey. From racist donut shops to strangers putting their whole hand in her hair, from being mistaken for a prostitute to being mistaken for Harriet Tubman, Lacey is a lightning rod for hilariously ridiculous yet all-too-real anecdotes. And now, Amber and Lacey share these entertainingly horrifying stories through their laugh-out-loud sisterly banter.

"There are many teen readers for this book: Ruffin's fans, late-night comedy fans, those who endure racism daily, and those who live unaware of racism's reach. . . . Featuring the author's razor-sharp wit and limitless brilliance, these true tales of injustice are a gift to readers." —*Booklist*

**Sanders, Chad**

★ *Black Magic: What Black Leaders Learned from Trauma and Triumph.* Chad Sanders. Simon & Schuster 2021. 320 p.

ISBN 9781982104221

Grades: Adult

**305.896**

1. Sanders, Chad 2. African American leadership 3. African Americans — Social conditions 4. Identity (Psychology) 5. Leadership 6. Success (Concept) 7. Interviews 8. Essays 9. Life stories — Identity — Race and Ethnicity 10. Society and culture — Race

An evocative tribute to Black achievement in a discriminating world draws on interviews with Black leaders, scientists, artists, activists and champions while exploring the author's own experiences of being forced to emulate white culture.

"This mix of memoir, interviews, and motivation is for readers who have faced trauma and kept going and for individuals who have been underestimated because of their race, family, socioeconomic status, gender, sexuality, or any other target for mindless prejudice." —*Booklist*

**Walker, Jerald**

★ *How to Make a Slave and Other Essays.* Jerald Walker. Mad Creek Books/The Ohio State University Press 2020. 152 p.

ISBN 9780814255995

Grades: Adult

**305.896**

1. Walker, Jerald 2. African American Authors 3. African American families 4. College teachers 5. African Americans — Social conditions 6. Racism 7. Social marginality 8. Identity (Psychology) 9. Personal conduct 10. Essays 11. Society

PUBLIC LIBRARY CORE COLLECTION: NONFICTION  
Nineteenth Edition

362.19892 Pediatric care

**Klass, Perri**

*A Good Time to Be Born: How Science and Public Health Gave Children a Future.* Perri Klass. W. W. Norton & Company 2020. VIII, 376 p. : Illustration  
ISBN 9780393609998

Grades: Adult

362.19892

1. Child health
2. Children — Mortality
3. Women physicians
4. Medical research
5. Infants — Mortality
6. Sanitation
7. Public health
8. Medical care
9. Vaccines
10. Science Writing — Medicine and health — medical breakthroughs
11. History Writing — Science, technology, and medicine

LC 2020022472

A history of the world-transforming fight against child mortality interweaves the author's experiences as a medical student and doctor while paying tribute to the barrier-breaking women who introduced new approaches and scientific ideas about sanitation and vaccination.

"Klass masterfully introduces readers to the people coming up with solutions for many of the dangers of childhood and shows how the pediatric specialty over time has worked to improve children's lives. Essential reading for parents."—*Library Journal*

362.2 People with mental illness and disabilities

**Bering, Jesse**

*Suicidal: Why We Kill Ourselves.* Jesse Bering. The University of Chicago Press 2018. 272 p.  
ISBN 9780226463322

Grades: Adult

362.2

1. Suicide
2. Social psychology
3. Depression
4. Mental illness
5. Society and culture — Psychology and human behavior

LC 2018021904

"Bering illuminates a murky, misunderstood human quandary with compassion, confessional honesty, and academic perception."—*Kirkus*  
Includes bibliographical references and index.

**Insel, Thomas R.**

*Healing: Our Path from Mental Illness to Mental Health.* Thomas Insel, MD.. Penguin Press 2022. 384 p.  
ISBN 9780593298046

Grades: Adult

362.2

1. Mental health
2. Mental health services
3. Mental health policy
4. Mental illness — Social aspects
5. Public health
6. Medical care reform
7. United States 8. Science Writing — Medicine and health — Mental health
9. Politics and global affairs — Public health

LC 2021033983

As director of the National Institute of Mental Health, Dr. Thomas Insel was giving a presentation when the father of a boy with schizophrenia yelled from the back of the room, "Our house is on fire and you're telling me about the chemistry of the paint! What are you doing to put out the fire?" Dr. Insel knew in his heart that the answer was not nearly enough. The gargantuan American mental health industry was not healing millions who were desperately in need. He left his position atop the mental health research world to investigate all that was broken—and what a better path to mental health might look like. In the United States, we have treatments that work, but our system fails at every stage to deliver care well. Mental illnesses are medical problems, but he discovers that the cures for the crisis are not just medical, but social. This path to healing, built upon what he calls the three Ps (people, place, and purpose), is more straightforward than we might imagine. Dr. Insel offers a comprehensive plan for our failing system and for families trying to discern the way forward.

"Insel offers a sense of hopeful solutions. . . . It's as compassionate as it is comprehensive."—*Publishers Weekly*

Includes bibliographical references and index.

**Paperny, Anna Mehler**

*Hello I Want to Die Please Fix Me: Depression in the First Person.* Anna Mehler Paperny. The Experiment 2020. 352 p.  
ISBN 9781615194926

Grades: Adult

362.2

1. Paperny, Anna Mehler
2. Mental health
3. Depression
4. Mental illness
5. Women with depression
6. Women with mental illnesses
7. Autobiographies and memoirs
8. Canadian literature
9. Life stories — Facing adversity — Medical issues — Mental illness
10. Science Writing — Medicine and health — Mental health

LC B12020009832

Loan Stars Favourites, 2019

Hilary Weston Writers' Trust Prize for Nonfiction finalist, 2019

An investigative report on how depression is treated today shares stories from the author's personal journey with suicidal depression and draws on interviews with patients and experts to explore how current systems need to change.

"An eye-opening and humane book treatment of a difficult subject."—*Kirkus*  
Originally published: Toronto : Random House Canada, 2019.

362.28 Suicide

**Case, Anne**

*Deaths of Despair and the Future of Capitalism.* Anne Case, Angus Deaton. Princeton University Press 2020. 312 pages : Illustration  
ISBN 9780691190785

Grades: Adult

362.28

1. Capitalism and inequality
2. Depression
3. Suicide — Economic aspects
4. Blue collar workers
5. Drugs — Overdose
6. Alcoholism
7. Unhappiness
8. Working class
9. United States
10. Business and economics — Economics
11. Society and culture — Wealth and class

LC 2019040360

New York Times Notable Book, 2020

This book documents the decline of white-working class lives over the last half-century and examines the social and economic forces that have slowly made these lives more difficult. Case and Deaton argue that market and political power in the United States have moved away from labor towards capital—as unions have weakened and politics have become more favorable to business, corporations have become more powerful. Consolidation in some American industries, healthcare especially, has brought an increase in monopoly power in some product markets so that it is possible for firms to raise prices above what they would be in a freely competitive market. This, the authors argue, is a major cause of wage stagnation among working-class Americans and has played a substantial role in the increase in deaths of despair. Case and Deaton offer a way forward, including ideas that, even in our current political situation, may be feasible and improve lives.

"Complementing their candid prose with enlightening charts and graphs, Case and Deaton make the scale and immediacy of the problem crystal clear. This is an essential portrait of America in crisis."—*Publishers Weekly*

Includes bibliographical references (pages 265-291) and index.

362.29 Substance abuse

**Berenson, Alex**

★ *Tell Your Children: The Truth About Marijuana, Mental Illness, and Violence.* Alex Berenson. Simon & Schuster 2019. 256 p.  
ISBN 9781982103668

Grades: Adult

362.29

1. Marijuana
2. Mental health
3. Marijuana abuse
4. Violence and drugs
5. Teenage drug abusers
6. Drug abuse and violence
7. Teenagers — Mental health
8. Decriminalization of marijuana
9. Society and culture — Illness and disease — Addiction

LC B12018192602

A report from an award-winning author and former *New York Times* reporter reveals the link between teenage marijuana use and mental illness, and a hidden epidemic of violence caused by the drug—facts that the author believes have been ignored as the U.S. rushes to legalize cannabis.

"Those who favor legalization are likely to remain unmoved, but Berenson is certainly meticulous and coherent about making his case, and his well-written treatise never descends into *Reefer Madness*-like hysteria."—*Publishers Weekly*

**Dufton, Emily**

*Grass Roots: The Rise and Fall and Rise of Marijuana in America.* Emily Dufton. Basic Books 2017. 336 p.  
ISBN 9780465096169

Grades: Adult

362.29

1. Medical marijuana
2. Decriminalization of marijuana
3. Drug control
4. Marijuana — Law and legislation
5. Marijuana in popular culture
6. Marijuana — Social aspects
7. Therapeutic products
8. Marijuana — Government policy
9. Drug culture — History
10. United States
11. Society and culture — Illness and disease

LC 2017956164

A chronicle of marijuana's journey toward and away from legalization examines how grassroots activists from the 1970s nearly secured its decriminalization before conservative parents and the Reagan administration transformed cannabis into a focus for the War on Drugs.

"Dufton's balanced and thoroughly researched book traces the long and still unwinding history of marijuana policy and activism in the U.S."—*Booklist*

PUBLIC LIBRARY CORE COLLECTION: NONFICTION  
Nineteenth Edition

Don Lincoln shares an insider's account of the LHC's operational history and gives readers everything they need to become well informed on this marvel of technology.

"Readers will be fascinated by the projects sheer mechanical challenges and the failure that caused it to be shut down and rebuilt before being operated at its design power. This engaging story will be appreciated by readers interested in the frontiers of science."—*Choice*

Sequel to: *The quantum frontier : the Large Hadron Collider*; Includes bibliographical references and index.

**Malley, Marjorie Caroline**

*Radioactivity: A History of a Mysterious Science.* Marjorie C. Malley. Oxford University Press 2011. 288 p.  
ISBN 9780199766413

Grades: 11 12 Adult **539.7**  
1. Radioactivity 2. Nuclear physics 3. Physics 4. Science Writing — Physics  
LC 2010038979

This is the story of a new science. Beginning with an obscure discovery in 1896, radioactivity led researchers on a quest for understanding that ultimately confronted the intersection of knowledge and mystery.

"Malley does a wonderful job of demonstrating how scientific discovery functions, as opposed to the usual approach in which facts and figures are given as tidbits along a chronology."—*Library Journal*

Includes bibliographical references and index.

**Nelson, Craig**

*The Age of Radiance: The Epic Rise and Dramatic Fall of the Atomic Era.* Craig Nelson. Scribner 2014. 416 p.  
ISBN 9781451660432

Grades: Adult **539.7**  
1. Radioactivity — History 2. Nuclear weapons development 3. Nuclear power — History 4. Nuclear weapons — History 5. Nuclear physics — History 6. Nuclear physicists 7. Radiation — History 8. 20th century 9. Science Writing — Physics 10. History writing — Wars and conflicts — Atomic Bomb — World War II  
LC 2013042192

A narrative of the Atomic Age by the award-winning author of *Rocket Man* explores the complexities of nuclear energy, citing the contributions of such individuals as Marie Curie, Albert Einstein and Robert Oppenheimer while sharing lesser-known historical details.

"An engaging history that raises provocative questions about the future of nuclear science."—*Kirkus*

Includes bibliographical references and index.

**Seife, Charles**

*Sun in a Bottle: The Strange History of Fusion and the Science of Wishful Thinking.* Charles Seife. Viking 2008. VI, 294 p. : Illustration; Map  
ISBN 9780670020331

Grades: 11 12 Adult **539.7**  
1. Nuclear fusion — History 2. Fusion reactors 3. Nuclear reactors — History 4. Physics — Research 5. Nuclear physics — History 6. United States 7. Science Writing — Physics 8. Adult books for young adults  
LC 2008013135

Chronicles the last half century's haphazard attempt to harness fusion energy, describing how governments and research teams throughout the world have employed measures ranging from the controversial to the humorous.

Includes bibliographical references (p. [253]-282) and index.

**Stewart, Ian**

*Why Beauty is Truth: A History of Symmetry.* Ian Stewart. Basic Books 2007. xiii, 290 p.  
ISBN 9780465082360

Grades: 11 12 Adult **539.7**  
1. Symmetry (Art) — History 2. Symmetry (Biology) — History 3. Mathematics 4. Science Writing — Mathematics  
LC 2006038274

The renowned mathematician traces the history of the concept of symmetry, from the early Babylonians' efforts to solve quadratics to today's theoretical physics, citing the achievements of the mathematicians behind key discoveries.

Beginning with the early struggles of the Babylonians to solve quadratics, Stewart guides his readers through the often-tangled history of symmetry, illuminating for nonspecialists how a concept easily recognized in geometry acquired new meanings in algebra. . . . An exciting foray for any armchair physicist! Booklist.

**Still, Ben**

*Particle Physics Brick by Brick: Atomic and Subatomic Physics Explained... In Lego.* Dr. Ben Still. Firefly Books 2018. 176 p.

ISBN 9780228100126

Grades: Adult **539.7**  
1. Physics 2. Particles (Nuclear physics) 3. LEGO toys 4. Quantum theory 5. Cosmology 6. Building blocks (Toys) 7. Visual perception 8. Science — Physics and physical science

LC B12018197504

Particle Physics Brick by Brick is a succinct introduction for anyone that wants to gain a basic understanding of the atomic world, its elements and how they interact. By using tangible substitutes—bricks—it brings the unseen atomic world into the realm of the visual.

Includes index.

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**540 Chemistry and allied sciences**

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**Coffey, Patrick**

*Cathedrals of Science: The Personalities and Rivalries That Made Modern Chemistry.* Patrick Coffey. Oxford University Press 2008. xix, 379 p. : Illustration  
ISBN 9780195321340

Grades: 11 12 Adult **540**  
1. Langmuir, Irving, 1881-1957 2. Lewis, Gilbert Newton, 1875-1946 3. Chemistry — History 4. Scientific discoveries 5. Chemical weapons 6. Chemists — Psychology 7. Science — Moral and ethical aspects 8. 20th century 9. Science Writing — Chemistry 10. Adult books for young adults

A history of modern chemistry discusses the development of the field, the battles for credit, the arguments over results, personal likes and antipathies and, the quest for the Nobel Prize.

Includes bibliographical references (p. 324-329) and index.

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**540.9 Chemistry — History**

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**Cobb, Cathy**

*Creations of Fire: Chemistry's Lively History from Alchemy to the Atomic Age.* Cathy Cobb and Harold Goldwhite. Perseus Pub. 2001. xvi, 475 p. : Illustration  
ISBN 9780738205946

Grades: Adult **540.9**  
1. Chemistry — History 2. Science writing — Chemistry  
LC 2001099001

In this fascinating history, Cathy Cobb and Harold Goldwhite celebrate not only chemistry's theories and breakthroughs but also the provocative times and personalities that shaped this amazing science and brought it to life. Throughout the book, the reader will meet the hedonists and swindlers, monks and heretics, and men and women laboring in garages and over kitchen sinks who expanded our understanding of the elements and discovered such new substances as plastic, rubber, and aspirin. *Creations of Fire* expands our vision of the meaning of chemistry and reveals the oddballs and academics who have helped shape our world.

Includes bibliographical references (p. 449-451) and index; Originally published: New York : Plenum Press, c1995.

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**541 Physical chemistry**

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**Gray, Theodore W.**

*Molecules: The Elements and the Architecture of Everything.* Theodore Gray. Black Dog & Leventhal Publishers 2014. 240 p.  
ISBN 9781579129712

Grades: Adult **541**  
1. Molecules 2. Organic compounds 3. Inorganic compounds 4. Science — Chemistry — Atoms and molecules  
LC B12014050626

"Readers who wish to learn more about chemistry would be better served with another work that isn't so strongly focused on photography. Those already familiar with the topic are sure to enjoy the images."—*Library Journal*

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**546 Inorganic chemistry**

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**Aldersey-Williams, Hugh**

*Periodic Tales: A Cultural History of the Elements, from Arsenic to Zinc.* by Hugh Aldersey-Williams. Ecco 2011. 428 p.  
ISBN 9780061824722

Grades: Adult **546**  
1. Periodic law — History 2. Chemical elements — History 3. Scientific discoveries 4. Science 5. Chemistry 6. Science Writing — Chemistry